



Zig Zag Public School

NEWSLETTER

Friday 9th February 2018

Term 1 Week 2

Principals Report

It's great to be back at school.

2018 Promises to be another wonderful year of learning at Zig Zag Public School. It's a pleasure to visit the classes as the children have settled quickly into their new class routines and the learning programs are underway.

We have had a small change in school times this year. New times to the school day are as follows:

9.00 - 11.00 Morning session - Literacy block
11.00 - 11.30 First lunch
11.30 - 1.15 Middle session - Maths block
1.15 - 1.50 Second lunch
1.50 - 2.50 Afternoon session

Please read the information in the newsletter regarding parking and smoking around the school.

Zig Zag Public School has always had a wonderful supportive community. Working together and consideration of each other will ensure our school will be a happy place where we all are working towards the same goal and that is to be the best school for our children.

Thank you

Vicki Gillmore

Principal

CALENDAR

WEEK 3

TUES 13TH FEB	• Swimming
WED 14TH FEB	• P&C Meeting 2.45pm

WEEK 4

WED 21ST FEB	• School Photos
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WEEK 5

WED 28TH FEB	• Meet & Greet • Healthy Lunch • Book Fair
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Note to Parents

All students arriving late and leaving early need to come the office and see the staff. We no longer require you to fill out any slips as it is now done electronically.

Thank you .

**Don't forget canteen on Wednesdays.
A menu is attached to the newsletter.**

Congratulations School Leaders

A very excited and proud leadership team received their school badges on Monday. It is such a special moment to watch parents pin their child's badge on them.

Our 2018 School Leaders are:

School Captains: Charlotte Duffy and Logan Ellery

Vice Captains: Brodie Dean and Charlotte Peterson

Sports Monitors: Coen Andersson and Blake Anthes

Library Monitors: Chloe Murray and Lilly Peterson

Technology Monitor: Mary McPherson



2018 Staffing

K/1 Mrs Gillmore and Mrs Doran

1/2 Mrs Savath and Mrs Dudley

3/4 Mrs Wallace

5/6 Mrs Ellery

Intervention Ms Crawley and Mrs Hookham

SLSO's: Mrs Crane, Mrs Robinson and Mrs Simpson

SAKG Specialist: Mrs Simpson

Admin: Mrs Dewar, Mrs Kelly and Mrs Morgan

G/A: Mr Goodwin

Instruction Leader: Leanne Dransfield

2018 Library Days

K/1 Wednesday

1/2 Monday

3/4 Monday

5/6 Friday



Welcome Kindergarten

Our Kindergarten children have had a great start to Big School and have all settled into school routine very easily. They are all learning to read, write and count and have made lots of new friends. Welcome to Zig Zag Public School: Kieren, Jessica, Maggie, Cailey, Nicholas, Daniel, Mia, Lakiya, Angus, Xavier, Makayla and Piper.

It has been wonderful to watch how comfortable and confident they are in the school environment. On Thursday they even had their first Gardening lesson as part of our Stephanie Alexander Kitchen Program.



Swimming Carnival

All students in Years K-6 will be participating in the Small School's Swimming Carnival with Hampton Public School next Tuesday at Lithgow Swimming Pool. Transport will be by bus to and from school. We will be leaving school at 9.30am.

The cost of the Swimming Carnival is \$6.50 which includes \$4.00 pool entry and \$2.50 for the bus. Students are to bring a packed recess and lunch and plenty of water to drink.

Please refer to the note for other items that students need to bring.

Permission notes are to be completed and returned with payment by **Friday 9th February**.



Swimming Classes

Through the Sporting Schools program we have received a grant which will be used this term to offer a "Learn to Swim" program to our Year 1-3 students.

There is no cost for the lessons students will only be required to pay \$22.00 towards the cost of bus transport.

Students have been given notes which need to be completed and returned with payment no later than **Monday 26th February 2018**.

The first lesson will be on Friday 2nd March and the last lesson will be on Friday 23rd March.

We are offering this program on a first in basis for Year 1 to Year 3 students. The grant received will provide swimming lessons for 40 students.

District swimming carnival

This year's District Swimming carnival will be held at Lithgow Pool on Thursday 15th February 2018. Students will need \$4.50 entry on the day (correct change would be appreciated for quicker entry). The carnival will commence at 9.30am and parents are required to transport their children both to and from the carnival.

Notes will go home shortly.

Parent Meet and Greet

Wednesday 28th February from 2.00pm is our Parent Meet and Greet afternoon program. This is a chance for Parents and Carers to meet their child's teacher. We have organised for the Cancer Council to present families with a workshop on Healthy Lunch Boxes as well as a small Book Fair where families will be able to purchase books after the Meet and Greet.

Afternoon tea is being catered for by the children in cooking classes.



Parking

The Lithgow Council Ranger has been working to rectify the parking issues we have around Zig Zag Public School. The Ranger's main priority is to ensure that the area designated for the drop off and pick up for all students is safe with the intention of reducing congestion and allowing access for the bus to drop off the students. The Ranger has asked that we communicate the attached flyer for your information.



Smoking around Schools

Smoking has been prohibited on all school premises and in administrative areas since July 1988. This ban is detailed in the Department's Drugs in Schools policy, which outlines the requirement that Smoking on school premises, including school buildings, gardens, sports fields and car parks, is prohibited. This includes students, employees, visitors and other people who use school premises, including community groups. Smoking is not permitted within 10 metres of a children's playground.

Please bear this information in mind when in and around school grounds and events.

School Photos

School Photo day is **Wednesday 21st February**. Students have been given their envelopes.

Please complete your child's envelope and enclose the correct payment as payment for school photos is handled by the Photography company. Payment can also be made by going to the website **www.advancedlife.com.au** and enter the code **2AD L2J B8M**

If you would like a sibling photo you can obtain an envelope from the office or select a sibling photo at the above website.

Students are asked to wear full summer uniform on School Photo Day.

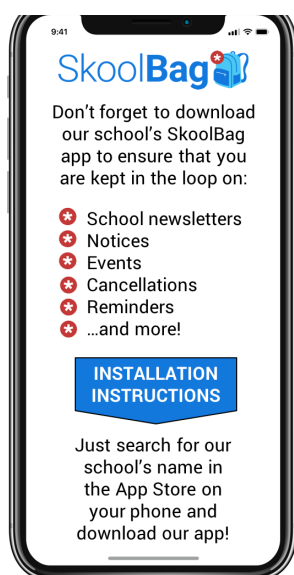


Voluntary Contributions

Voluntary contributions for 2018 have been set at \$30 per student or \$50 per family. Payment can be made in cash or cheque at the office or on our website www.zigzag-p.schools.nsw.edu.au

Skoolbag App

The school bag is a great tool for the school to communicate with parents and the community. Through this app the school will send home notes, the newsletter and any notification and alerts. Below is the instructions on how to download the app.



P&C News

Our first P&C meeting for the year will be on **Wednesday 14th February at 2.45pm.** Anyone interested in joining our P&C is invited to attend.

We will discuss future meeting options on Wednesday and look forward to supporting our great school.

We will be open for discussion of new fundraising ideas and look forward to seeing of new faces.

Student Absences

It is a requirement of the Department of Education that any absences from school are explained. Parents are able to give an explanation of their child's absence by

- Telephone
- Written note
- Skoolbag
- Returning an absence slip (copies attached)

How to install Skoolbag on your Smartphone **iPhone and iPad users**

Click the App Store icon on your device
Type Zig Zag Public School in the search
If iPhone you will see our school appear, click "Free" then "Install"
When installed click "Open"
Select "OK" to receive push notifications when asked

Android Users

You must first have signed up a Google account before installing the App
Click the "Play Store" button on your Android Device
Click the magnifying glass icon at the top and type in Zig Zag Public School.
Click the School name when it appears in the search.
Click the "Install" button.
Click "Accept" for various permissions
Click "Open" when installed

Please make sure that you let the office know your current email address to enable us to get all notifications and newsletters to our families.

Community News

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Studiosity

Haktari Taekwondo

All classes at Lithgow Haktari Taekwondo Academy commence back Monday 5th February 2018. All new beginners in Traditional Taekwondo will get the first 2 weeks for FREE.

Please call Jeff Crane on 0418 663 144 or call in 1st Floor, 43 Main Street Lithgow

Active Kids Rebate program

From 31 January 2018, parents will be able to claim up to \$100 per school child, per calendar year, as a voucher to reduce the cost of sport registration or membership fees for after-school, weekend and structured fitness or physical activity.

These activities could include: traditional sport such as netball, football or basketball; swimming classes or lessons; as well as other fitness or physical activities such as gymnastics or athletics.

The voucher will not be means-tested and available to every school child wanting to get active in their community through sport and active recreation.

Parents will be able to register online to get their voucher to a sports club or registered provider to receive the rebate.

<https://sport.nsw.gov.au/sectordevelopment/activekids>



Nutrition Snippet

The simplest way

...to make zucchini and corn fritters

Ingredients

- 2 zucchinis, grated & liquid squeezed out
- 1 cup frozen or canned corn kernels
- 1 cup red capsicum, finely diced
- 4 eggs
- ½ cup grated Parmesan cheese
- ½ cup chopped, fresh dill
- 6 tbsp wholemeal flour
- Olive oil spray



Method

1. Place the zucchini, corn, capsicum, eggs, Parmesan, dill and flour in a bowl. Mix well.
2. Spray a large fry pan with olive oil and heat over a medium heat. Working in batches, fill an ice-cream scoop (or large spoon) with the mixture and drop onto the pan. Flatten the fritters out slightly with a fork. Cook for approximately 4 minutes or until brown, flip and continue to cook until that side is brown and cooked through.

Visit healthylunchbox.com.au for recipes & information you can trust.

The Eat It To Beat It program is supported by the Nepean Blue Mountains Local Health District Live Life Well @ School Program.



Nutrition Snippet

The simplest way

...to choose a sun-safe hat!

Hats are one of the easiest ways to protect you from UV radiation.

Like all sun protection, hats are needed when the UV is 3 or above. Download the free SunSmart App to find out when the UV level will be over 3. Most parts of NSW experience high UV throughout the year, especially from October to March.

A sun-safe hat protects the whole face, head, back of the head and ears.

Styles of Sun-safe hats:

- ✓ Broad-brimmed
- ✓ Bucket
- ✓ Legionnaire-style



Baseball caps and sun visors do not protect the cheeks, ears and back of the neck and are not recommended.

For more information visit www.eatittobeatit.com.au or join us at facebook.com/eatittobeatit

The Eat It To Beat It program is supported by the Nepean Blue Mountains Local Health District Live Life Well @ School Program.

