



Term 4 – Week 6

Thursday, 15th November, 2012

Principals Report

What an exciting time it is at Zig Zag at the moment, band visits, excursions, swimming school and we haven't even mentioned Christmas! There are some wonderful photos of our students in this week's newsletter.

Bathurst Principal's Meeting

Last Wednesday I attended the final Bathurst Principal's meeting for the year. Mrs Carole McDiarmid was in attendance and explained the State and Regional realignment.

A major restructure is underway across State offices and Regional staff. The ultimate goal is threefold; a smooth realignment process, maintaining the excellent educational programs our region offers and working towards State reforms and Federal Projects.

Lithgow High Band visit

Yesterday we were privileged to have the Lithgow High Band come to perform for us. The performance was thoroughly enjoyed and the children really got into the swing of the music and were a terrific audience. The visit has even inspired some of our students to start their own "Band" in the playground!



I liked the music and we danced.

William Cohen

I like dancing.

Poppi Sharpe

I liked when they played the Shrek song.

Digby Haas

I liked the songs that the band played.

Samuel Romanous



On Tuesday Lithgow High School Band sang Pumped Up Kicks and what Makes You Beautiful. They taught us how to dance. The boys got up on the seats. Most of the girls danced with the big girls. I got to dance with the big girls. Samara Morgan

ANZ Stadium – Olympic Park Excursion

As promised here are some photos of last week's excursion to ANZ Stadium and Olympic Park.





The Statewide Eyesight Preschooler Screening (StEPS) Program is an initiative of the NSW Ministry of Health and offers all 4 year old children a free vision screening assessment.

It is highly recommended that all 4 year old children participate in the vision screening program as many vision problems remain undetected unless a child's vision is screened by a trained vision screener.

The screening will take approximately 10 minutes per child, and will be performed by StEPS Program staff employed by Sydney West Area Health Service trained specifically in vision screening of young children. The child's vision will be screened one eye at a time and **no drops** will be used.

All parents/carers of children who have their vision screened will be informed of the results and should a problem be detected will receive a letter asking them to have their child's vision fully tested by an eye health professional.

Bookings are being taken until Friday 21st December 2012 or from Monday 7th January (M-F 8.30am-12.30pm).

Clinics will be held up until December 2012 and will be available in the last week of school holidays in January and again in April 2013.

For further information and/or details of clinics held please phone 02 9881 1213.

High School Transition Programs

Yesterday, our Year 6 students who will be going to Lithgow High School next year attended the Small Schools Transition day at the High School. The day builds on the transition programs that the students have been attending both for Lithgow High School and LaSalle Academy.

All reports regarding the transition programs have been very positive and it appears that all of our Year 6 children are excited to be moving on to high school.

Reminders

Featherdale Excursion 16 November

Students are to be at **Red Rooster** by 7.45am tomorrow morning. The estimated time for return is 4.00pm.

Swimming School

Swimming school starts Monday 19 November. Notes **MUST** be in **tomorrow, Friday 16th November**.

Jackie French Excursion to Wallerawang

Please return your child's permission note for this excursion. Students need to take morning tea, lunch and water with them.

Stephanie Alexander Kitchen Garden Dinner

Don't miss out on your place at this exciting event. Please RSVP and pay for your ticket ASAP to ensure your seat. Once you have paid for your ticket you will receive a detailed menu for the evening.

Lost Keys

Two sets of keys have been handed in to the office. Please check with your child if they have misplaced a set of keys or if you are missing a set please come in and check if they belong to you.

*Kind Regards
Vicki Gillmore*

P & C NEWS:

Canteen

There is no canteen this Friday due to the Featherdale excursion.

Next P&C Meeting

The next P&C meeting is at 1.45pm on Tuesday, 20th November not the 13th as previously advised.

Christmas Hamper

Please leave your items for the hamper at the office. Tickets are on sale; \$1 for one or \$2 for three tickets.

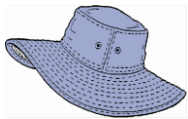
Sun Safety

Two out of three Aussie kids at school today will be diagnosed with skin cancer in later life – some of them with deadly melanomas.

Protecting children's skin from exposure to ultraviolet radiation from the sun is the simplest way to reduce the risk of skin cancer. One of the easiest and most effective forms of sun protection there is for children is a sun safe hat.

Remember – children's faces are exposed to the damaging effects of UV radiation every day and ears, temples, lips and the nose are among the most common parts of the body for skin cancers to develop later in life.

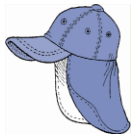
The sun's rays can also cause permanent damage to children's eyes. A sun safe hat not only protects a child's face, head, neck and ears, it can also reduce the amount of UV radiation reaching a child's eyes by 50%. Here are three examples of sun safe hats as recommended by the Cancer Council of NSW;



Broad brimmed hat



Bucket style hat



Legionnaire hat

Term 4

Week 6

Tuesday - 13/11/12	LHS Band visit 10-10.30am
Wednesday – 14/11/12	LaSalle Transition Small Schools Orientation 9.30 LHS Hall
Friday 16/11/12	K-2 Featherdale Excursion

Week 7

	Swimming School
Wednesday 21/11/12	Jackie French excursion to Wallerawang Public School
Friday 23/11/12	Possible Eskbank House Walking Excursion

Week 8

	Swimming School
Thursday 29/11/12	LaSalle Transition
Friday – 30/11/12	SAKG Dinner

CALENDAR